

**Mark Keppel High School**  
**Student Bulletin, Friday September 8th, 2023**  
**Bell Schedule - All Periods**

“Look up at the stars and not down at your feet. Try to make sense of what you see, and wonder about what makes the universe exist. Be curious.” - Stephen Hawking

**Athletics**

**Athletic Events: Week of September 4th-9th, 2023**  
**Show school spirit and pride; attend sporting events.**

- Medical Clearance Paperwork must be cleared in order to try-out or participate in any sport. If you are currently in a sport, you can try-out after your season is over.
- Baseball Tryouts - September 19th-21st from 4-6PM - Varsity Baseball Field
- MKHS Athletic Webpage: mkhs.org (Students Tab, Athletics Tab)
- MKHS Athletic Remind/Code: @mkhsat or Text 81010
- Congratulations to...

***Friday, September 8th - Assembly 4A/4B Schedule All Periods***

- Boys' Football @ Azusa - 7PM - No Early Dismissal - Bus Leaves 4:45PM
- Cheer @ Azusa - 7PM - No Early Dismissal - Bus Leaves 5PM
- Pep Band @ Azusa - 7PM - No Early Dismissal - Bus Leaves 5PM

***Saturday, September 9th***

- Girls' & Boys' Cross Country - All Levels @ Rosemead - Meet Begins 6PM - Bus Leaves 3:45PM

**POWER-Time**

Students, now is the time to get on to Adaptive Scheduler and select your POWER-Time locations. Come by the Office of Instruction if you need help.  
Staff, please allow your students to take this time to schedule for POWER-Time.

**Freshman Representative for the district student advisory committee is Angelina Yip.**

**This Year's ID Cards Are Here!!**

English teachers will be handing them out this week. If you didn't have your picture taken during registration before school started or if you're new to MKHS, there will be a make-up picture session on September 22. Please check the school website or listen to the bulletin for more information as the date approaches. Once you have your new card, please bring it EVERY DAY.

**NOTE TO SENIORS:** We are currently in progress of printing your ID and have not finish the last part of the alphabet (P through Z), you will not get a card this week. Please check your school email for updates.

**Join us for our "Mental Health Monday Lunch Table":**

Gateway Counselors will be out in palm court on Monday, Sept 11 and Sept 25 during lunch with mental health resources on campus. Stop by and say Hi and pick up resources to support your mental wellness.

**Ms. Acuna will be hosting two powertime sessions in September that are open to all students.**

**Tuesday 9/12**

**Happiness Lab Episode 1 -36 seats open to all students**

Come practice your listening skills. This is a podcast that will help you focus on your mental health and give you tips on how to be happier

**Wednesday 9/20**

**Planner Party - 36 seats open to all students**

Do you love planners, stickers, color coding, and organization? Grab your planner and join Ms. Acuna in planning for the month ahead.

**All College Presentations will be In-Person:**

**Open to all students. Students can sign up for the presentation in the College Career Center**

Next week we are hosting the following In-Person College presentations:

- **UC San Diego - Sept. 12**
- **University of San Francisco - Sept. 12**
- **University of Maryland College Park - Sept. 13**
- **University of Redlands -Sept. 13**
- **Scripps College Sept. 14**
- **Hamilton College - Sept. 14**
- **California Baptist University - Sept. 15**
- **University of La Verne - Sept. 15**

**Following week :**

- **Art Center College Design - Sept. 19**
- **Soka University - Sept. 19**
- **UC Irvine - Sept. 20**
- **Oregon State University - Sept. 21**
- **Santa Clara University - Sept. 21**

**Last week:**

- **Brown University - Sept. 26**
- **Mount Saint Mary's University - Sept. 27**
- **Cal State Long Beach -Sept. 29**

Visit the link below to sign up:<https://tinyurl.com/mkccc-presentations>

**Gateway to Success: September Wellness Workshops**

Sign up to attend our Wellness Workshops on Tuesday Powertime:

Tuesday, 9/5- Meet and Greet with MKHS Mental Health Counselors

Tuesday, 9/12- Youth Media Literacy Workshop

Tuesday, 9/19- Youth Media Literacy Workshop

Tuesday, 9/26- Rising Above the Chaos: A Guide to Taming Stress

**Look for Ms. Madrigal on Adaptive Scheduler.**

## **Student Bank:**

### Student Bank Hours

Monday : 8:00 a.m.- 4:00 p.m.

Tuesday: 11:30 a.m. -4:00 p.m.

Wednesday: 8:00 a.m. -4:00 p.m.

Thursdays: 11:30 a.m.- 4:00 p.m.

Friday: 8:00 a.m.-4:00 p.m.

Student Bank is currently selling Keppel gears; come by and purchase your spirit wear!

## **Restroom Access**

Only 1st-floor restrooms in A, B, and C buildings will be available for afterschool use.

## **Lost & Found**

The Student Support Services office has a metal cabinet with lost & found items. Items that are not picked up will be removed at the end of each month.

## **Student Parking**

When parking in the front lot, **students are allowed to park only on the left side facing Hellman.** The right side closest to the school is reserved for visitors. Parking spaces are limited, and it's first come first served. The lot will be closed at 7:30 AM